

लम्कीचुहा नगरपालिका भत्का, कैलाली  
स्थानीय तह तर्फको असिस्टेन्ट सब ईन्जिनियर (सहायक ल्याब टेक्निसियन) चौथो तह सरह पदको लिखित परीक्षाको  
पाठ्यक्रम एवं परीक्षा योजना

पाठ्यक्रमको रूप रेखा : यस पाठ्यक्रमको आधारमा निम्नानुसार चरणमा लिईने छ ।

क. प्रथम चरण :- लिखित परीक्षा (Written Examination)

पूर्णाङ्क :- १००

ख. :- अन्तर्वार्ता (Interview)

पूर्णाङ्क :- २५

परीक्षा योजना (Examination Scheme)

प्रथम चरण : लिखित परीक्षा योजना (Examination Scheme)

विषय	पूर्णाङ्क	उतीर्णाङ्क	परीक्षा प्रणाली	प्रश्न सङ्ख्या * अङ्कभार	समय
सेवा सम्बन्धी	१००	४०	वस्तुगत बहुवैकल्पिक (Multiple Choice)	५० प्रश्न * २ अङ्क = १००	४५ मिनेट

द्वितीय चरण :- अन्तर्वार्ता (Interview)

विषय	पूर्णाङ्क	परीक्षा प्रणाली
सेवा सम्बन्धी	२५	मौखिक

द्रष्टव्य :

१ लिखित परीक्षाको माध्यम भाषा नेपाली वा अङ्ग्रेजी अथवा नेपाली र अङ्ग्रेजी दुवै हुन सक्नेछ ।

पाठ्यक्रम इकाई	१	२	३	४	५	६	७	८
प्रश्न सङ्ख्या	५	७	६	७	८	५	८	४

२ यथासम्भव पाठ्यक्रमका सबै इकाईबाट प्रश्न सोधिने छन ।

३ लिखित परीक्षामा गलत गरेको प्रश्नोत्तरका लागि कुनै अङ्क कट्टा गरिने छैन ।

४ यस पाठ्यक्रममा जेसुकै लेखिएको भएतापनि पाठ्यक्रममा परेका ऐन, नियमहरू, परीक्षाको मितिभन्दा ३ महिना अगाडि (संशोधन भएका वा संशोधन भई हटाइएका वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ ।

५ प्रथम चरणको लिखित परीक्षाबाट छनौट भएका उम्मेद्वारलाई मात्र द्वितीय चरणको अन्तर्वार्तामा सम्मिलित गराइनेछ ।

६ पाठ्यक्रम लागु हुने मिति :- २०८०।०८।१२

1. Engineering Drawing

1.1 Unit, Dimension and their conversion with special reference to SI system

1.2 Elementary idea of drawing (object); Building drawings

1.3 Drafting techniques and methods in common practice

1.3.1 Different types of lines and effects

1.3.2 Vertical line, horizontal line & inclined line (thick, thin, dark, light)



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भत्का, कैलाली  
सुदूरपश्चिम प्रदेश, नेपाल

माधव कुमार खैसी  
नि. प्रमुख प्रशासकिय अधिकृत

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- 1.3.3 Representation of different materials: stone, timber, glass, metal, brick, concrete, sand, earth, tile, plaster
- 1.3.4 Dimensioning: element to element, centre to centre and overall dimensioning
- 1.4 Measured Drawing
  - 1.4.1 Methods of measurement of horizontal and vertical dimensions
  - 1.4.2 Sectional measurements
  - 1.4.3 Scales: choice, use, and conversion
- 1.5 Working Drawing
  - 1.5.1 Significance of detailing in terms of accuracy of estimation, bill of quantities and construction supervision
  - 1.5.2 Structural working drawings and structural detail: column, beam, slab, foundation, and other structural elements

## 2. Estimating, Costing, and Supervision

- 2.1 Purpose of estimating
- 2.2 Methods of estimate
- 2.3 Types of estimates (preliminary estimate, approximate quantity estimate, detailed estimate, revised estimate)
- 2.4 Standard estimate formats of the government of Nepal
- 2.5 Rate analysis and Norms
- 2.6 Estimating items of construction works
- 2.7 Estimate of civil works, and site development work
- 2.8 Specifications: purpose, types, and necessity
- 2.9 Concept and purpose of property valuation
- 2.10 Supervision

## 3. Engineering Survey

- 3.1 Basics of surveying, its importance, and types
- 3.2 Scale, plans, maps
- 3.3 Conventional signs and system of field booking of surveying
- 3.4 Basics of Chain, Compass, Plane table, Levelling, and Theodolite Total station and GPS
- 3.5 Levelling, Classification of leveling works, Methods of leveling, Levelling instruments and accessories, Principles of leveling
- 3.6 Setting Out: Small buildings

## 4. Construction Materials



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- 4.1 Rocks/stone: types of rocks, their characteristics & properties of good stone
- 4.2 Aggregates (fine & coarse)
- 4.3 Cement: Different types of cement and its properties; Admixtures
- 4.4 Metal and alloys
- 4.5 Brick: types of bricks & sizes of bricks available in Nepal
- 4.6 Lime and Surkhi: types, properties, and its uses
- 4.7 Mortar: types, properties, and its uses along with proportions
- 4.8 Paints and varnishes: constituents, types, and its uses
- 4.9 Floor finishes-punning, tiles, mosaic, clay, concrete, vinyl, marble, flagstones, wooden boarding, parquet
- 4.10 Wall finishes: plasters (cement, lime, and mud), punning, and cladding (wooden, stone, tiles, marbles)
- 4.11 Roofing materials
- 4.12 Use of local construction materials
- 5. Construction Technology**
  - 5.1 Description and Objectives
  - 5.2 Types of construction works
    - 5.2.1 Masonry works; Concrete works; Flooring works; Finishing works
    - 5.2.2 Construction of building components
    - 5.2.3 Earthquake Resistant Building Construction
    - 5.2.4 Temporary constructions
    - 5.2.5 Rural technology and alternative energy
  - 5.3 Foundation and bearing capacity
    - 5.3.1 Types of foundation: shallow, deep
    - 5.3.2 Safe bearing capacity of soil and its improvement
    - 5.3.3 Methods of excavation, shoring and dewatering
    - 5.3.4 Stone/brick masonry foundation
    - 5.3.5 Isolated, combined and raft foundation
    - 5.3.6 Strap beam, foundation beam and DPC beam
  - 5.4 Concrete technology and management
    - 5.4.1 Constituents of cement concrete (cement, aggregate, water, admixture)
    - 5.4.2 Grading of aggregates
    - 5.4.3 Water cement ratio
    - 5.4.4 Workability and strength of concrete



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- 5.4.5 Concrete mix, laying, pouring, and compaction
- 5.4.6 Reinforcement laying
- 5.4.7 Formwork
- 5.4.8 Curing of concrete
- 5.4.9 Storage and management of construction material
- 5.4.10 Record keeping at a construction site (daily work done, manpower mobilized, material storage)
- 5.4.11 Construction safety
- 5.4.12 Scheduling tool (bar chart)

## 6. Building Services

- 6.1 Water supply, Types of storage (underground, overhead), types of water supply pipes, and its fitting
- 6.2 Septic tank, soak pit, vents, manhole, types of sewerage pipes
- 6.3 General principle of electrical installation and distribution, types of wiring systems (surface, conceal), safety precautions (earthing, lightning arrestors)
- 6.4 Lighting: General principle of lighting & lighting fixtures

## 7. Laboratory Testing

### 7. Earth work: Laboratory Testing procedure and equipment for

- 7.1 Gradation, Identification
- 7.2 Proctor compaction (Optimum moisture content & maximum dry density)
- 7.3 Plasticity Index
- 7.4 Dynamic cone penetration
- 7.5 California Bearing Ratio (CBR)
- 7.6 Specific gravity

### 8. Sub-base/base: Laboratory Testing procedure and equipments for

- 8.1 Gradation, Material identification
- 8.2 Compaction (Maximum dry density & Optimum moisture content)
- 8.3 California Bearing Ratio (CBR)
- 8.4 Compaction-Field density test by sand replacement method/core cutter method
- 8.5 Los-Angeles abrasion
- 8.6 Aggregate impact value
- 8.7 Aggregate crushing value



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